

## HEALTH QUESTIONNAIRE

Name \_\_\_\_\_ Referred by \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (h) \_\_\_\_\_ (cell) \_\_\_\_\_ (w) \_\_\_\_\_

Email \_\_\_\_\_ Occupation \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Age \_\_\_\_\_

Please circle Y for Yes if you have had any of the following:

Heart Condition	Y	Thyroid Problems	Y
Cancer	Y	Diabetes	Y
Arthritis	Y	Osteoporosis or osteomyelitis	Y
Convulsions	Y	Orthopedic braces or shoes	Y
Phlebitis or hemophilia	Y	High or low blood pressure	Y
Kidney or urinary problems	Y	Dentures or removable bridge	Y
Contact lenses	Y	Hernias	Y
Allergies	Y	Pregnancy (current)	Y
Sinus problems	Y	I.U.D.	Y
Whiplash	Y	Surgical pins/plates	Y
Scoliosis	Y	TMJ syndrome	Y
Chronic or recurrent pain	Y	Cosmetic surgery	Y
Headaches/migraines	Y	Respiratory disorder	Y
Ulcer or digestive disorder	Y	Eliminatory problems	Y
Degenerative joint disease	Y	Other, explain _____	Y

Have you had any broken bones or major sprains? \_\_\_\_\_ Briefly describe: \_\_\_\_\_

Any major injuries, illnesses or accidents? \_\_\_\_\_ Briefly describe: \_\_\_\_\_

Have you had any surgery? \_\_\_\_\_ Briefly describe: \_\_\_\_\_

Describe any chronic or recurrent pain: \_\_\_\_\_

Are there any activities from which you are restricted? \_\_\_\_\_

What medications have you taken in the past 6 months? \_\_\_\_\_

Are you presently under the care of a medical physician/chiropractor/therapist? \_\_\_\_\_

If yes, for what? \_\_\_\_\_

If not, date of last physical \_\_\_\_\_

Are you presently in psychological therapy? \_\_\_\_\_

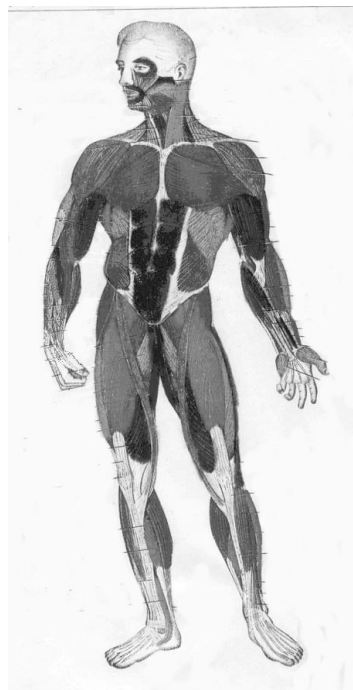
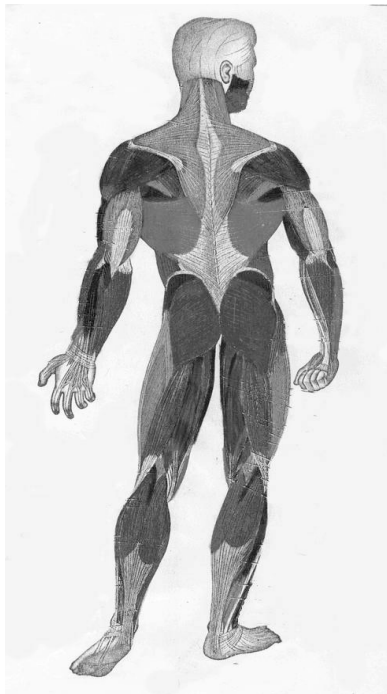
What is your current exercise program? How many hours per week? \_\_\_\_\_

Have you had Rolfing or other bodywork in the past? \_\_\_\_\_

What do you hope to gain from Rolfing? \_\_\_\_\_

How did you find out about me? \_\_\_\_\_

**Please circle and number the areas of the body that you have had injuries, accidents, surgeries, or pain. Use the table below to correspond the area on the body with the description.**



Year of incident    Description

Year of incident	Description
1	
2	
3	
4	
5	
6	

**CANCELLATION POLICY:** *Due to the large amount of time that must be blocked out for each appointment, the full fee will be charged for missed appointments or cancellations with less than 24 hours notice.*

I certify that the above information is true and accurate to the best of my knowledge, and I agree to keep my appointments in a timely manner.

Signature \_\_\_\_\_ Date \_\_\_\_\_